Investors are adjusting their finances ahead of a potential recession.

With the majority of investors expecting a severe recession within the next six months, many are re-evaluating their personal finances. In fact, nearly six in ten investors have a plan in place to adjust their personal finances should recession fears be realized.

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### Stagnant and declining retirement savings are among investors' top concerns.

More than half of the investors surveyed said they’re concerned about their retirement savings losing value and their ability to continue saving during an economic downturn or recession.

Other top financial concerns include:

- Inflation or the rising cost of living: 59%
- The cost of housing and rent: 33%
- Lack of savings for emergency expenses: 32%
- Financially supporting loved ones: 18%
- Managing essential expenses: 48%
- Saving for retirement: 44%
- Paying off debt: 24%
- Improving financial literacy: 16%
- Estate planning: 9%

Financial professionals can boost client confidence with educational resources.

Whether or not the U.S. enters a recession over the next six months, financial professionals are in a great position to help clients stick to their long-term plans and realize their top financial goals. With educational resources and personalized support from Nationwide, you can help your clients to feel more confident about their ability to meet their top financial goals.

Nationwide resources and insights can help financial professionals be more proficient and valuable to their clients.