



NATIONWIDE RETIREMENT INSTITUTE®

Resources to help with your Medicare choices

Get detailed information about enrollment, options and plans.

Signing up for Medicare is one of the first major decisions you face as you reach retirement. It's important to understand the enrollment process, the different parts of Medicare and which health care services are covered. An advisor can help you prepare with a personalized Health Care Cost Assessment, which estimates your annual Medicare and out-of-pocket health care costs in retirement. With those results and the resources below, you can feel more confident making Medicare decisions that fit within the scope of your overall retirement plan.

Medicare

1-800-633-4227

[medicare.gov](https://www.medicare.gov)

Get help with Medicare coverage issues and to compare Medicare options and plans.

Also: [medicareinteractive.org](https://www.medicareinteractive.org), a free, independent online reference tool

Social Security Administration (SSA)

1-800-772-1213

[ssa.gov](https://www.ssa.gov)

Find help with Medicare eligibility and enrollment, Part B premium, Part D Extra Help or Medicare Savings Programs.

State health insurance assistance program

1-877-839-2675

[shiptacenter.org](https://www.shiptacenter.org)

Trained counselors in every state offer free, personal help with all Medicare and Medicaid issues. To find the toll-free phone number for your SHIP office, visit the website or call 1-877-839-2675.

Benefit programs

1-800-334-4114

[benefitscheckup.org](https://www.benefitscheckup.org)

BenefitsCheckUp® is a free service of the National Council on Aging that connects older adults with benefits they may qualify for in over 2,500 federal, state and private benefit programs.

Eldercare locator

1-800-677-1116

[eldercare.gov](https://www.eldercare.gov)

This public service of the U.S. Administration on Aging connects you to services for older adults and their families.



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is on your side

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

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