



Nationwide Retirement Solutions

Resources to help with your Medicare choices

Covering health care expenses is one of many major decisions you face as you consider retirement. It's important to understand your expected costs and coverage options.

Medicare

1-800-633-4227
[medicare.gov](https://www.medicare.gov)

Get help with Medicare coverage issues and comparing Medicare options and plans. Also, [medicareinteractive.org](https://www.medicareinteractive.org) is a free, independent online reference tool.

Social Security Administration (SSA)

1-800-772-1213
[ssa.gov](https://www.ssa.gov)

Find help with Medicare eligibility and enrollment, Part B premiums, Part D Extra Help or Medicare Savings Programs.

State Health Insurance Assistance Programs

1-877-839-2675
[shiphelp.org](https://www.shiphelp.org)

Trained counselors in every state offer free, personalized help with all Medicare and Medicaid issues. To find the toll-free phone number for your SHIP office, visit the website or call 1-877-839-2675.

Benefit Programs

1-800-794-6559
[benefitscheckup.org](https://www.benefitscheckup.org)

BenefitsCheckUp® is a free service of the National Council on Aging that connects older adults with benefits they may qualify for in more than 2,500 federal, state and private benefits programs.

 #DecodingMedicare



To see a full projection of Medicare costs and other health care costs throughout your retirement, talk to your financial professional.



The Nationwide Retirement Institute® has leveraged the expertise of the National Council on Aging (NCOA) and partnered with them to build educational content and offer resources to help you navigate the important choices related to Medicare. We've also partnered with HealthView Services to offer a planning tool that helps you prepare.



This material is not a recommendation to buy or sell a financial product or to adopt an investment strategy. Investors should discuss their specific situation with their financial professional.

Neither Nationwide nor any of its affiliates are related to or affiliated with the National Council on Aging (NCOA) or HealthView Services.

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NFM-17753AO.5 (09/23)